

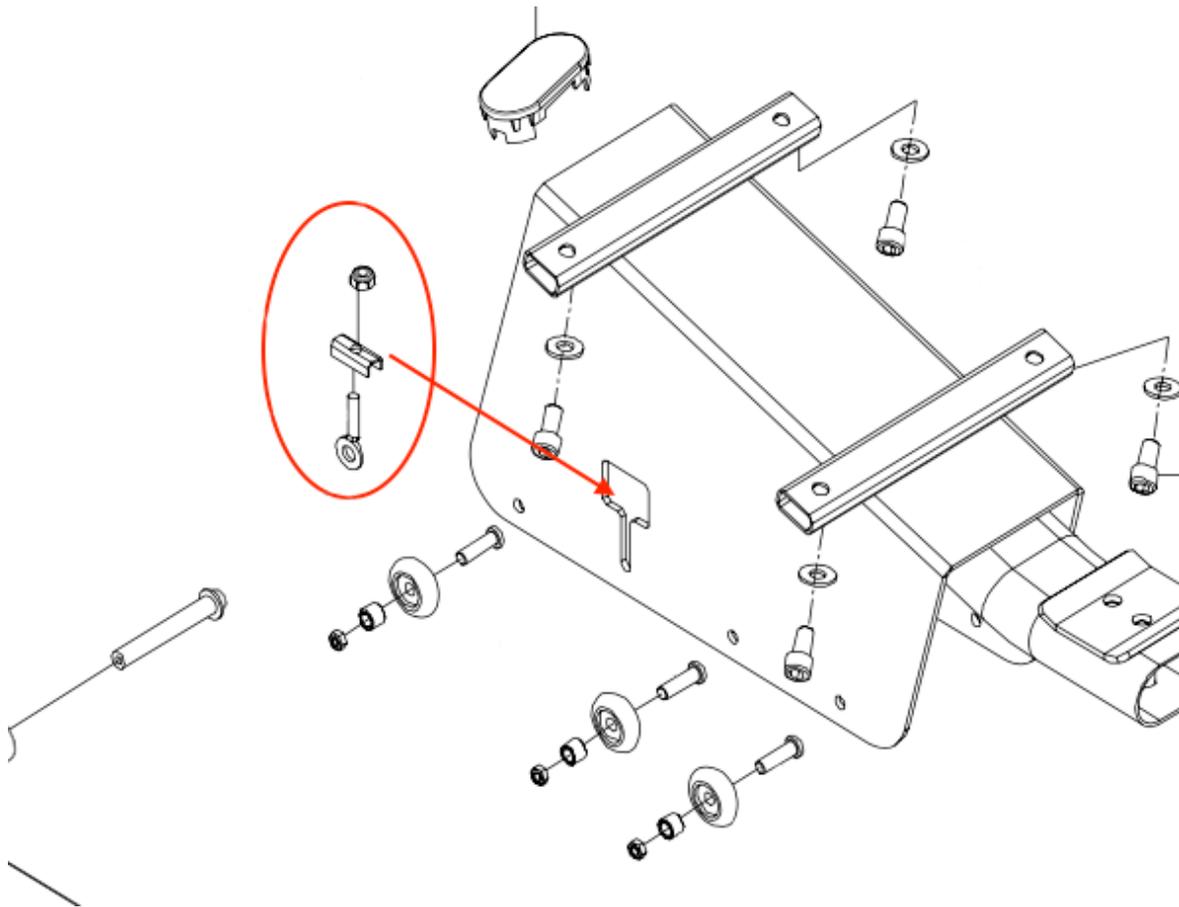
ADJUSTING THE ABSOLO CARRIAGE

You may find that the adjustable seat carriage has more play than you would like after assembling the AbSolo in your workout space. This can be easily adjusted by changing the height of the 3rd wheel on either side of the carriage to better hug the aluminum rail

On each side of the carriage you will notice that one of the track wheels has a small bracket assembly (rather than a simple pass through bolt hole). This roller is pulled upwards towards the top of the track if you tighten the nut and lowered if you loosed in. By adjusting this roller you can find the level of lateral movement that you are most comfortable with.

Please be sure to adjust both sides of the carriage to ensure that both moving rollers are even with each other, so as not to cause undue strain on one particular roller.

If there are questions during an install for a tech, PLEASE do not hesitate to call us and discuss! We are happy to assist and make sure that every install goes smoothly. We are happy to hop on FaceTime or Zoom and video chat to make sure things are set up correctly. Just call 866-219-5335 Option 5 and we can set up a video conference.



Call for details: **1-866-219-5335** Outside the US: **1-908-879-2713**

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