

# THE ABS COMPANY

## INSTRUCTIONS REGARDING BELTS FOR THE ABS BENCH X2



We Change Lives from the Core®

This information is meant to serve as a supplement to the manual that comes with the machine and will elaborate on the configuration of the belts. Each pair of belts is designed to allow the machine to rock forward and backwards without coming off the base of the machine itself. They are the only real connection between the head rocker assembly and the base.

Each belt is designed to run parallel to each other along the rocker. The mount point towards the head of the rocker will attach to the mount point on the frame towards the foot of the unit and vice versa for the second belt.

A correct belt alignment should look like the picture to the right.

**Please also note the red circle on the picture at the bottom.** This unit has not been assembled 100% correctly. Instead of using the slot cut into the cradle frame, they have gone under the frame instead. This will create excessive wear on the belt by the sharp edges of the frame and should not be done.

Once the unit is assembled, please lift the handle bars on each side. There should be a small amount of play in the straps; enough to lift the unit up slightly. The important part here is that they are EVEN in the amount of play. If one side is able to lift up more than the other, adjust the slack in the belt to even them up.



If there are questions during an install for a tech, PLEASE do not hesitate to call us and discuss! We are happy to assist and make sure that every install goes smoothly. We are happy to hop on FaceTime or Zoom and video chat to make sure things are set up correctly. Just call 866-219-5335 Option 5 and we can set up a video conference.

Call for details: **1-866-219-5335** Outside the US: **1-908-879-2713**

**[www.TheAbsCompany.com](http://www.TheAbsCompany.com)**

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