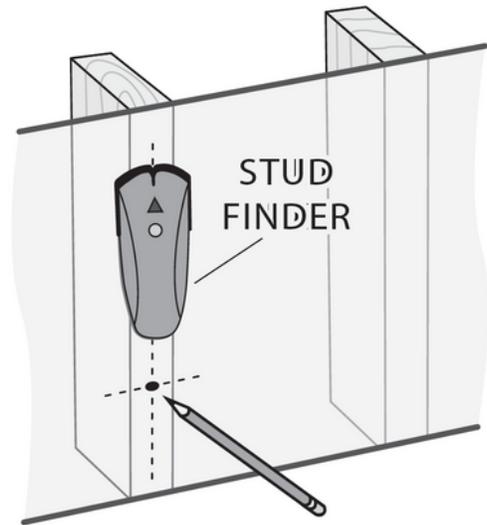


HOME AND STUDIO INSTALLATION OF BATTLE ROPE ST® WALL ANCHORS

Wall mounting instructions are the same for home and studio installation.

BOTTOM ANCHOR

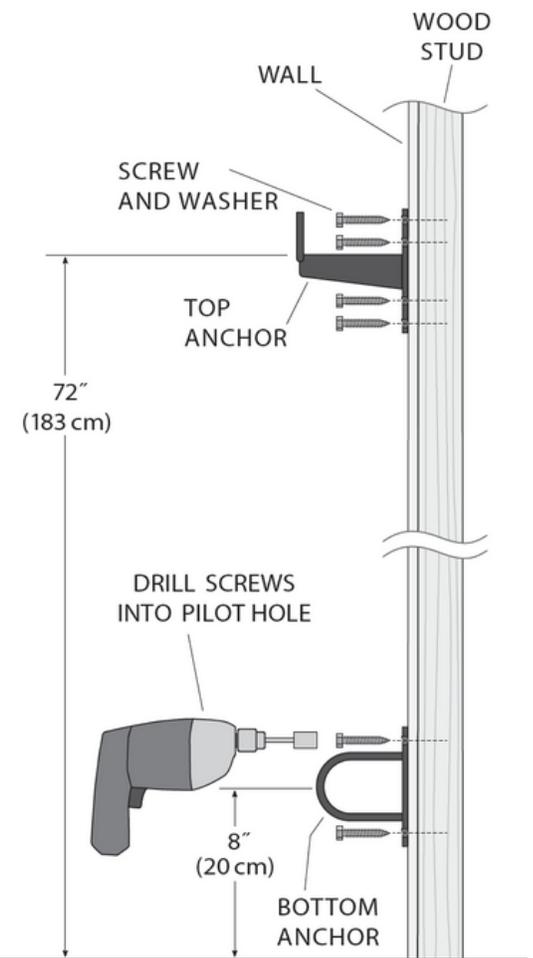
1. First find stud location in wall using stud finder.
2. Place bottom anchor in alignment with stud location with the bottom anchor centered 8 in. (20 cm) above the floor.
3. Mark drill holes for bottom anchor with a pencil.
4. **Drill pilot holes with 3/16" (5mm) drill bit.** Align bracket with the holes. Place washer on top of bracket hole and secure to wall by drilling screws into the pilot hole.



PENCIL TO MARK CENTER OF STUD

TOP ANCHOR

1. Locate the wall stud directly above bottom wall anchor. Place the top wall anchor so the rope support bar is positioned 72 in. (183 cm) from the floor.
2. Mark the drill holes with a pencil.
3. **Drill pilot holes with 3/16" (5mm) drill bit.** Align bracket with the holes. Place washer on top of bracket hole and secure to wall by drilling screws into the pilot hole. Be sure to use all for screws when securing top bracket to the wall



For gym and studio installation space each anchor station approximately 6-8 feet apart.

If the installation walls are not standard wood construction, please contact us for further instruction.

Call for details: 1-866-219-5335 Outside the US: 1-908-879-2713

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